## **MuscleEgg Talking Points**

## What is MuscleEgg?

- MuscleEgg is actual liquid egg whites that has been flavored so it can be consumed as a drink.
- It is double-pasteurized for safety (no risk of salmonella!)
- It is homogenized for a smooth texture (just like milk!)
- 10+ different flavors!

## 5 Reasons Why MuscleEgg is Better Than Other Proteins

- 1. It's a whole food, not a supplement (a real food from a real farm!)
- 2. It's more convenient...just pour it and drink up!
  - no cracking and separating
  - no mixing powders
  - no shaker bottles
- 3. It's more versatile (you can cook with it, hundreds of recipes online)
- 4. Contains all essential amino acids and is 100% bioavailable
- 5. No Fat, No Cholesterol, No Added Sodium, Low in Carbs

"the purest form of protein"

"the highest absorption rate of all foods"

**BodyBuilding.com** 

The easiest and most enjoyable way to consume eggs!

Be like Rocky and drink your eggs like a man!

